

**A & A Pain Institute
555 North New Ballas, Suite 165
St. Louis, Mo. 63141
Phone 314-692-7246**

PRE-PROCEDURE INSTRUCTIONS

It is the responsibility of each patient to be sure this procedure is covered by your insurance policy. Please call the benefits phone number if you have any questions. The phone number will be on the insurance card.

You have been scheduled for _____

On _____ at _____:

- **Please arrive promptly at your appointed time. If you are late, we may have to reschedule your appointment.**
- **Please arrange for a driver. You will NOT be allowed to drive after your procedure.**
- **Your length of stay will be approximately 1 ½ hours.**
- **DO NOT eat for 6 hours PRIOR to your procedure unless you are diabetic. ****If you are diabetic, please inform us. You will receive special instructions for eating and taking your diabetic medications.****
- **DO NOT drink liquids for 2 hours PRIOR to your procedure.**
- **Take all of your morning medications with a SIP of water, unless advised otherwise.**
- **Inform us immediately if you are taking “blood thinners”, such as Coumadin, Plavix or regular aspirin. *****You will need to STOP taking these medications at least 3 days PRIOR to the procedure***.****
- **Inform us if you are allergic to Betadine or Latex.**
- **Please leave all of your valuables at home.**
- **You will be contacted by our office prior to your procedure to confirm your appointment time.**
- **If you have any questions, or do not understand the procedure, please call BEFORE your appointment date for more information.**